



YST TOP COACH

**Upskill your coaches
for school delivery**



**YOUTH
SPORT
TRUST**

TOP Coach

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TOP Coach is a new training package from the Youth Sport Trust, designed to provide professional development for your coaches when working with children and young people in a school setting.

TOP Coach has been developed by the Youth Sport Trust, supported by UK Coaching to help support coaches deliver high quality children-centred activity. Endorsed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA), the training is worth 10 cpd points and is aligned to the recently launched professional standard for coaching, working in a school environment (out of curriculum).

Why TOP Coach?

- TOP Coach enables coaches to 'bridge the gap' between current minimum deployment requirements, and the new Professional Standards for Coaches
- Piloted with British Gymnastics and Premier Sport - ensuring content is appropriate for upskilling both the NGB-Specific Coach, and the multi-sport delivery
- Created specifically to develop coaches to deliver sport in a school setting, outside of the curriculum
- Designed to complement NGB training and qualifications, providing in-depth knowledge and understanding of delivering whole-child development through sport
- Suitable for a range of experience levels, from newly-qualified coaches to coaches already working in a school environment
- Promotes inclusion and develops coaches to deliver exceptional sport for all

This programme is designed to complement National Governing Body coaching awards and provide learners with access to supported learning opportunities and peer support, which will combine to enable them to develop the skills to support the delivery of school sport.

Course details

The course covers the following modules:

- Working within the school sport environment
- Working with children and young people in school sport
- Supporting the transition between PE and school sport
- Effective coaching in schools

The course comprises:

- Two classroom training days (consecutive days)
- Nine e-learning packages
- Online assessment

A YST certificate is awarded upon successful completion of an online quiz to highlight achievement of the learning outcomes.

Course price: £155 +VAT

Excludes venue cost and refreshments.

Entry requirements

The course can be accessed by anyone wishing to know about how sports coaches can support the delivery of school sport. However, to be deployed, learners need to meet the following requirements:

- Aged 18+
- Have undertaken NSPCC-approved Safeguarding and Protecting Children (SPC) training in the last three years, 'or' CIMSPA endorsed training for Safeguarding Technical Standard
- Have a clear DBS check
- Be a suitably-qualified teacher or coach (or enrolled on an appropriate technical coaching qualification)

Get in touch:

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Call us on **01509 226600**

Visit: www.youthsporttrust.org/TOPCoach

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